

Always 100% ELVIS

40th Year

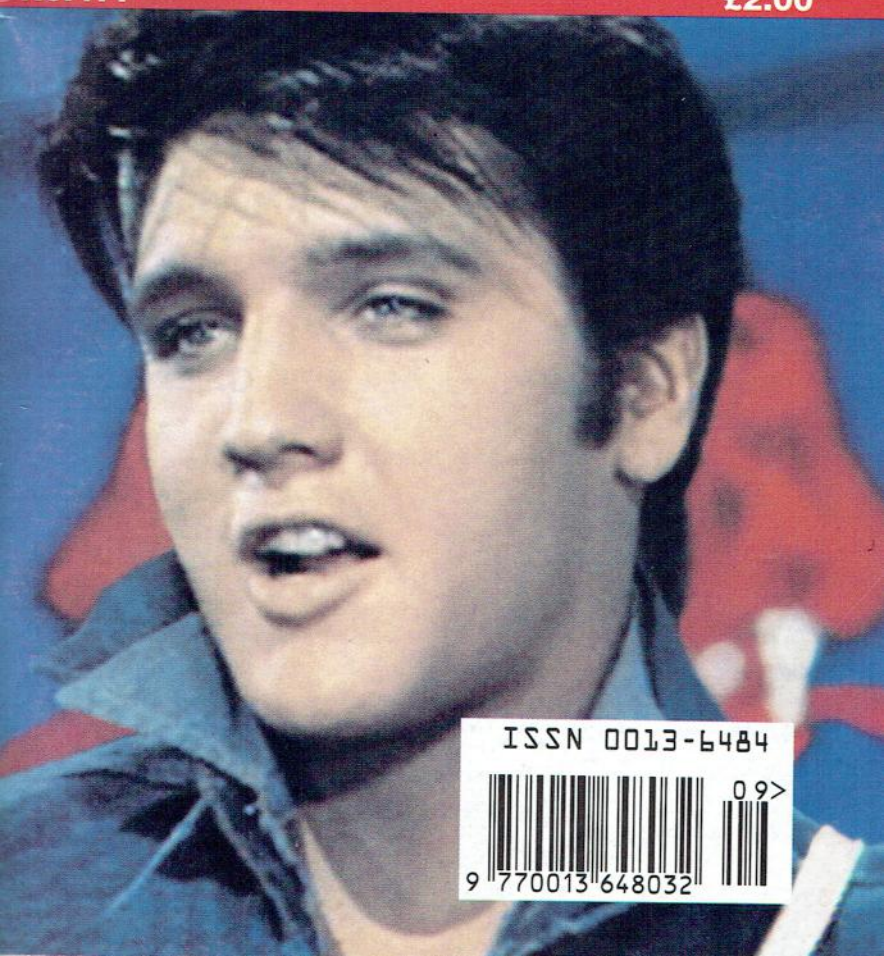
# ELVIS

USA \$4

MONTHLY

No.477

£2.00



ISSN 0013-6484



9 770013 648032

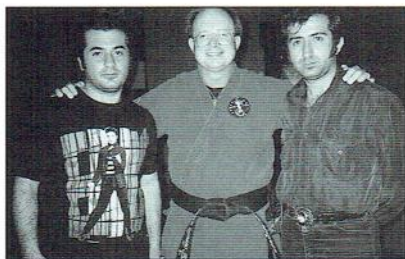
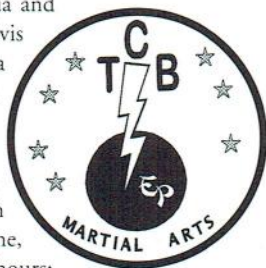
# ZAYA'S TCB MARTIAL ARTS SCHOOL

A school dedicated to the martial arts legacy of Mr Elvis Presley.

The TCB Martial Arts School is now in Australia and yes, you read it right, it is a school influenced by Elvis Presley. This school is the first of its kind in Australia and the second in the world. The style itself is a combination of Kung-fu, Karate, Kenpo, Taekwondo, and Kick Boxing.

Where does Elvis fit into this? Well read on and let me tell you. As a young man I wasn't too keen on the martial arts and the martial art movies of the time, they seemed to dance too much, fights lasting for hours; with the opponents jumping around and being so perfect, and today some are just a joke, a show of poor technique and no realism. But my interest was upheld and my curiosity teased by Elvis movies! In every Elvis movie there are at least one or two fight scenes and if you look carefully you will see the martial arts content, the fights are quick, the techniques effective and yes, the hero did get hit, this was much more realistic than the other movies I had ever seen - (not including Bruce Lee or Jackie Chan movies), so through this I investigated and found that Elvis did study martial arts and that he was more involved than anybody really knew.

Elvis began training when he was in the army, around 1958-60, he studied with masters such as Hank Slamanski' Chito-Ryo stylist, Shoto Kan Karate with Sensei Murakami Tetsuji and Jurgen Seydel, PaSa Ryu Taekwondo and Kung-fu system with Master Kang Rhee and Kenpo's Ed Parker. With 15 years experience, by 1974 Elvis held the 8th Degree black belt. Now you're thinking, Elvis wasn't that good and he paid for his belts. Now we can't say that anybody is really good, everybody has their own level, but that's not what martial arts is about, it's about teaching people discipline, self respect as well as respecting others, friendship, generosity, development, etc.



*Addison 'Wayne Carman' Elvis training partner and Zaya.*



*Zaya & Master Kay Rhee Elvis' instructor.*



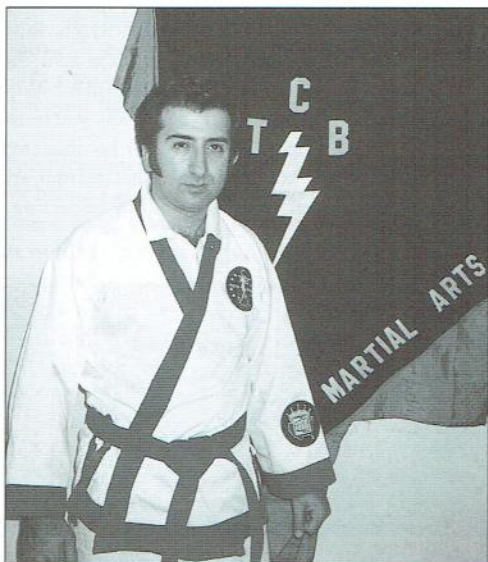
Now this is where Elvis excelled, he had generosity, he helped his friends and even those he didn't know, he donated money not only to charity but to martial arts schools, he talked about martial arts training explaining different aspects such as kata's, styles, ranks, on stage in concert, on TV shows. Elvis also sponsored an American karate team to tour Europe, also, he had a dream project to do a documentary on the martial arts, which he began and is currently owned by his training partner, Wayne Carman.

So you see, Elvis might not have been the best fighter, but he sure did a lot to promote and bring awareness of the martial arts to the general public, and that was even years before Bruce Lee, and I'm sure a lot of people would have got involved in the martial arts because of Elvis. I'm sure that at least 50% of his fans, seeing Elvis on stage talking and performing martial arts techniques, or from seeing his movies, then or today, are doing some sort of martial arts.

In the USA the 'TCB Karate and Martial Arts System' is run by Mr Wayne Carman, who I had the pleasure of meeting along with Master Kang Rhee, I was honoured that they would share the experiences that they had had with Elvis, with me.

The 'TCB Martial Arts School' in Australia is run by myself, Zaya Zaya. In this martial arts system I have incorporated a few different styles, taking bits and pieces to make one, following the Elvis Presley TCB Technique, all techniques into one. I basically teach a bit of all the styles so the student knows how a martial artist of a style fights, moves or defends himself, enabling him to counterattack more effectively. Then apart from the physical training there is the mental training, where you learn philosophy, discipline, body language, control, meditation and respect. Simply put, you learn how to development yourself and your life in a positive and meaningful way.

In conclusion, I want to thank the man who made me take he first step into the world of martial arts.



*Sifu Zaya in the TCB instructors uniform.*