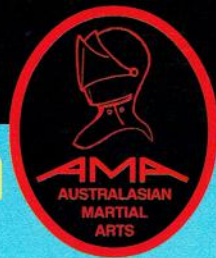


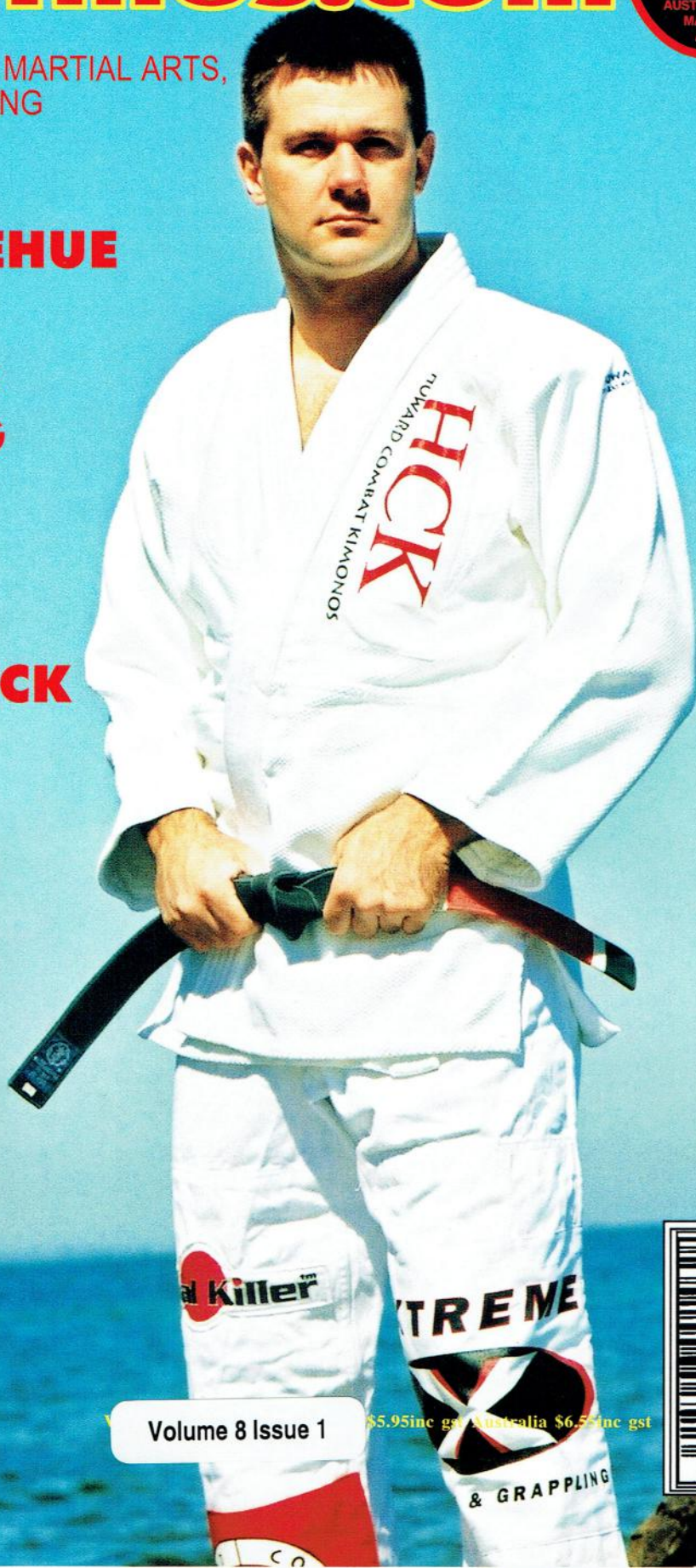
AUSTRALIA NEW ZEALAND fighttimes.com



BOXING, CLOSE COMBAT, MARTIAL ARTS,
SELF-DEFENCE, WRESTLING

**JOHN DONEHUE
EXTREME
JIU-JITSU &
GRAPPLING**

**NZK1
CHAMPION
ANDREW PECK
THE STORY**



Volume 8 Issue 1

\$5.95inc gst Australia \$6.55inc gst



**EXTREME
& GRAPPLING**

AUSTRALASIAN MARTIAL ARTS

Head Office: PO Box 5579 - Dunedin - Phone/Fax 03-477 8902 - Email: nzcqb@es.co.nz

Australian Office: P.O. Box 804, Muswellbrook, NSW 2333, Australia. Ph: 0412 154 927

Website: <http://homepages.ihug.co.nz/~nzcqb/nzmam.html>



CONTENTS VOLUME 8 ISSUE 1 FEBRUARY/MARCH 2001

Cover:

Interview ~

JOHN DONEHUE ~

**Extreme Jiu Jitsu
& Grappling**

Page 6



From the Editors

Kiwi Roo News 'n' Views

John Donehue Extreme Jiu Jitsu & Grappling

Andrew Peck - NZK1 Champion

Jason Suttie - Elite Gym Kickboxing

Asia Pacific Masters Games - Masters Judo Here to Stay

Combatives Come Survival Course 2000

That Old Black Belt Magic

New Zealand Boxing News with Johnny Lloyd

Contemporary Wushu - Coaching Elite Athletes

Japan Karate Association of New Zealand - Veterans Tournament

Wrestling and Boxing with Dave Cameron

Close Combat Files - Part 13

Tameshigiri - Test of a Swordsman

Charles Nelson Technique Series

K1 Grand Prix Japan

South Pacific ADCC Elimination Finals

Zaya's TCB Martial Arts School

Anthony Kelly's Fifty Fists - Part 3

New England Martial Arts Centre - 10th Birthday

Pressure Point Pioneer to Resign

Butoryu - That Funny Looking Chinese Karate Style

Rank, Titles and Other Such Bull

Web Warriors & Internet Illumination

Inside The Lion's Den

Rav's Ringside Roundup

IOGKF Annual Kurow Camp

Judo's Ko - Shiki - No - Kata

Fighting Fit

Pankration, The Original Martial Art or a Modern Hybrid?

Intergrated Fighting

The English Quarterstaff

The Renaissance of Wrestling

Martial Arts Magazine Book & Video Supply

Club Directory

Events Calendar - Whats On!!!

2

3

6

10

11

14

16

20

22

24

25

26

31

36

38

39

40

42

43

46

47

48

51

52

53

56

58

59

60

62

64

67

70

79

84

88

ADVISORS

Tank Todd	<i>Military Close Combat Master Chief Instructor</i>
Major John Whipp	<i>6th Dan Judo, Unarmed Combat Australia</i>
Terry Hill	<i>5th Dan</i>
Geoff Aitken	<i>6th Degree</i>
Walt Missingham	<i>Sifu</i>
Ron Evans	<i>4th Dan</i>
Prof. James Moclair	<i>9th Dan O-Hanshi</i>
Rick Clark	<i>8th Dan</i>
Ron Goninan	<i>Shinshi (Instructor)</i>
David Petersen	<i>Sifu</i>
Peter Consterdine	<i>7th Dan</i>
Geoff Thompson	<i>5th Dan</i>
Lucy Hannah	<i>Chinese Martial Arts</i>
Orlando Garcia	<i>Chinese Martial Arts</i>
Ben Mangels	<i>9th Dan, USA</i>
Terry Riches	<i>Godan - Judo</i>
Wayne Hanley	<i>6th Dan Shihan</i>

EDITOR & PUBLISHERS

Geoff Todd

LAYOUT/TYPESSETTING

G&T Design

PRINTING

Printcorp, Tauranga

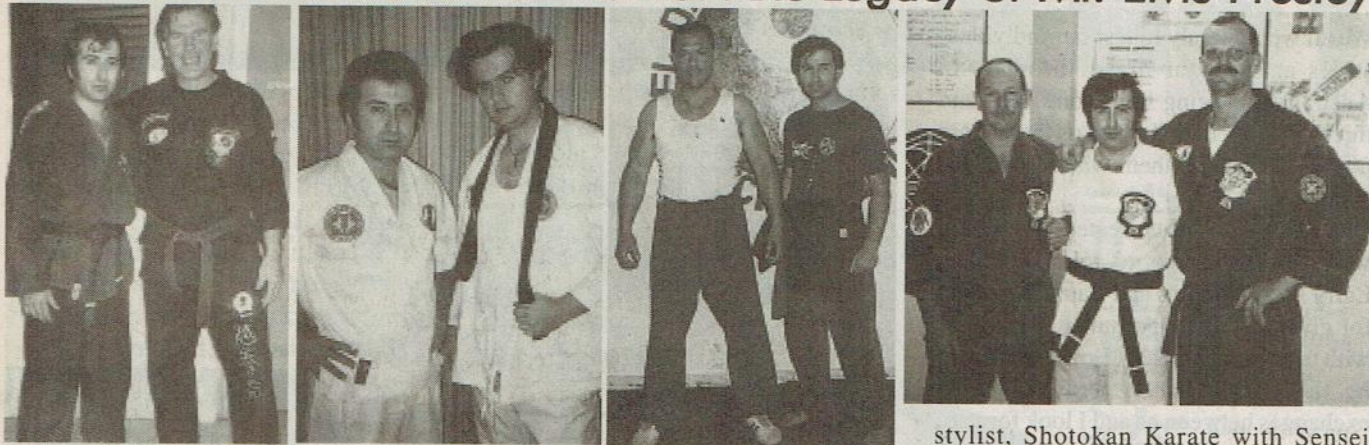
DISTRIBUTION

Gordon & Gotch (N.Z.) and (Australia) Ltd

This is an independent publication with opportunities for responsible individuals or organisations to have input regarding news, views and articles whenever possible. The Editors/Publishers and staff in no way whatever endorse nor claim to represent views or opinions of contributors to this magazine. Acceptance of advertising does not imply endorsement of services by the editors/publishers or staff of this New Zealand Martial Arts Magazine. Contributions of articles and photographs are at the senders risk. All care taken but no responsibility for loss by those connected to the magazine. All contributions must be accompanied by a self addressed envelope and please submit typed material when possible. The reproduction, duplication, electronic storage, or unauthorised distribution of an text, photographs or graphics contained within this magazine is strictly prohibited without written permission from the publisher.

ZAYA'S TCB MARTIAL ARTS SCHOOL

A school dedicated to the Martial Arts Legacy of Mr. Elvis Presley



Above: Zao Zao with left to right: his American Kenpo Karate Instructor Sensei Tom Cullen, his Taekwondo Instructor Sensei Donco Jacovski, his Kung Fu and Kickboxing Instructor Master Elda Costas and his Kenpo Karate Instructors Mr Greg McAuliffe and Mr John Van Wijk. Left: The TCB Little Tigers with three entries and three wins at the CCP 1999 Full Contact Amateur Kickboxing Event.



stylist, Shotokan Karate with Sensei Murakami Tstsuji and Jurgen Seydel, Pasaryu Taekwondo and Kung Fu system with Master Kang Rhee and Kenpo's Ed Parker.

With over sixteen years experience by 1974 Elvis held an 8th Degree Black Belt. Now you're thinking Elvis wasn't that good and he paid for his belts, we can't say that anybody is really that good, everybody has their own level, but that's not what martial arts is about, its about teaching people discipline, self respect as well as respecting others, friendship, generosity, development etc.

And that's where Elvis excelled, he had generosity, he helped his friends and even those he didn't know, he donated money not only to charity, but also to martial arts schools. He talked about martial arts training explaining different aspects such as kata, styles, and ranks on stage in concerts and on television shows. Elvis also sponsored an American Karate team to tour Europe, he also had a dream project to do a documentary on martial arts, which he began and is currently owned by one of his training partners.

So you see, Elvis might not have been the best fighter, but he sure did a lot to promote and bring awareness of the martial arts to the general public, and that was even years before Bruce Lee and I'm sure a lot of people would have got involved in martial arts because of Elvis. 10% of 50,000,000 Elvis fans can't be wrong in doing some sort of martial arts. In the U.S.A the TCB karate and martial arts system is run by Wayne Carman, whom I had the pleasure of meeting along with Master Kang Rhee. I was honoured that they would share the experiences that

The TCB Martial Arts School is now in Australia, and yes, you read it right, it is a school influenced by Elvis Presley.

This school is the first of its kind in Australia and the second in the world. There are schools that carry the martial arts legacy of Elvis Presley but none that carry the name of the system TCB.

The style itself is a combination of Kung Fu, Karate, Kenpo, Taekwondo and Kickboxing. Kung Fu and Kenpo being the softer, more flowing side, whereas the Karate, Taekwondo and Kickboxing are the rigid and hard side of this style.

TCB (taking care of business) and in TCB Martial Arts Taking Care of Business means by combining all techniques into one based on the first TCB System founded by the late Mr Elvis Presley.

Now where does Elvis fit into this? Read on and let me tell you.

As a young man I wasn't too keen on the

martial arts and the martial arts movies of the time; they seemed to dance too much with fights lasting for hours with opponents jumping around and so perfect, some today are just a joke, a show of poor technique and no realism. But my interest was upheld and my curiosity teased by Elvis movies.

In every Elvis movie there are at least one or two fight scenes and if you look carefully you will see the martial arts content. The fights are quick, the techniques are effective, and yes, the hero did get hit.

To me this was much more realistic than a lot of other movies I had seen, so through this I investigated and found that Elvis did study martial arts and that he was more involved than anybody really knew.

Elvis began training when he was in the army around 1958/60. He studied with masters such as Hank Slamanki Chito Ryu

they had with Elvis with me.

Let me introduce myself, my name is Zaya Zaya and I run TCB Martial Arts School in Australia. In this martial arts system I have incorporated a few different styles, taking bits and pieces to make one following the Elvis Presley TCB techniques. I basically teach all styles so that students know how martial artists of certain styles fight, move or defend

themselves, enabling them to counter attack more effectively.

The following are the basics of the TCB Martial Arts taught to beginners: stances, footwork, kung fu blocks, karate blocks, Kenpo form, punches, kicks, combinations, unarmed self defences, sparring.

Apart from the physical training there is the mental training of philosophy,

discipline, body language, control, meditation and respect. Simply put you develop yourself and our life in a more positive and meaningful way.

And that is all I have to say for now and in conclusion I would like to say Elvis sure kicked butt in Rock 'n' Roll and I'm also sure he could kick a butt or two in martial arts. Thank you, Thank you very much!

Anthony Kelly's Fifty Fighting Fists – Part 3

Snake styles of Kung Fu uses many fists as an important part of its technique is to strike very fast to vital points to the opponent.

Snake mouth is a very easy grappling fist, one way to practise is to stand in front of your partner and grab each others right arm then swoop arms grabbing the left

arm. This should be in a chain punching motion (hand over hand).

Snakebite is a pinching fist. Snake fangs are used with raking and striking technique.

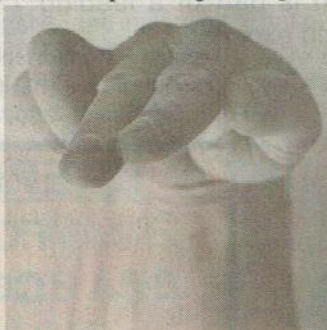
King Cobra is used as a pinching and complex pressure points fist.

Cobra fist (a hooked fist) is used mainly

for ripping soft tissue such as the lips and eyes.

Ox head fist is a normal fist but with the thumb on the side. This fist is commonly used to strike the opponents temples.

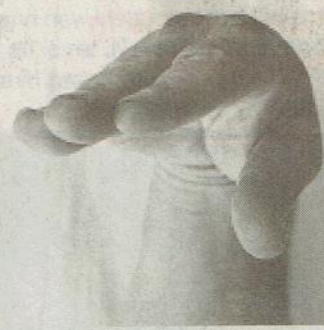
Ox horns are used as a piercing and flicking fist.



31. White Snake



32. Snake Head



33. Snake Mouth



34. Snake Bite



35. Snake Fangs



36. King Cobra



37. Cobra



38. Ox Head



39. Ox Horns